

UNIVERSITY SCHOOL OF CONTINUING EDUCATION IN AYURVEDA



GUJARAT AYURVED UNIVERSITY JAMNAGAR

OFFICE OF THE UNIVERSITY SCHOOL OF
CONTINUING EDUCATION IN AYURVEDA
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1. CERTIFICATE COURSE IN PANCHAKARMA
2. CERTIFICATE COURSE IN DENTISTRY IN AYURVEDA
3. CERTIFICATE COURSE IN KSHARSUTRA
4. CERTIFICATE COURSE IN NADI SUTRA (Traditional Nadi Vijnanam)



• **Gujarat Ayurved University** was established in 1967 by an act passed by Gujarat State legislative Assembly in 1965. It is the first statutory University of its kind, both at national and international level - exclusively devoted to Ayurvedic studies and Research. This University is administratively linked to Ministry of Health & Family Welfare both at State and Central Govt. indicating its special status.

• **Affiliated Institutes and Colleges and MOU:** There are five different education establishments within the campus at Jamnagar managed by the university directly and they are Institute for Post Graduate Teaching & Research in Ayurveda [IPGT&RA],

Shri Gulabkunverba Ayurved Mahavidyalaya [SGAM], Maharshi Patanjali Institute for Yoga Naturopathy Education & Research [MPIYNER], Indian Institute of Ayurvedic Pharmaceutical Sciences [IIAPS], and International Centre for Ayurvedic Studies [ICAS]. There are 12 colleges affiliated to the university spread all over Gujarat state.

- **MOU with institutes from foreign countries:** The University has MOU with more than 13 foreign institutes for promotion and propagation of Ayurveda globally, in the countries such as Japan, Argentina, Germany, Netherlands, Israel, South Korea, France, Canada, Brazil, UAE, and Indonesia etc.
- **Shri Gulabkunverba Ayurved Mahavidyalaya** is established in the year 1946 and is one of the pioneer institute of Ayurveda Education in and has thousands of alumni in every part of the world; right from Japan to USA. Shri Gulabkunwarba AyurvedMahavidyalaya is a model college, well developed and equipped. It is housed in splendid colossal building – **Dhanwantari Mandir**. It has spacious classrooms, well-equipped dissection hall, laboratories, museums and a hospital for practical and clinical training.
- The college has a big Hospital having 100-bed indoor admission capacity, and provides treatment facilities like Panchakarma, Ksharasutra, Maternity services, Yoga & Naturopathy.

The University School of Continuing Education in Ayurveda (USCE) is a newly started unit of Gujarat Ayurved University, Jamnagar. This school is a dream project of **Vaidya Rajesh Kotecha, Hon'ble Vice Chancellor** of the University, visualizing a separate school for continuing education in the field of Ayurveda, which fulfils the lacunae existed so far. He is of the opinion that –

- The knowledge of this science should be there from a lay man to the highly educated.
- The use and spread of knowledge of Ayurveda should be in practice from the house of a villager to people of mega city of our country.
- Further, these days, WHO is also giving more importance to the traditional systems of medicines such as Ayurveda.

To achieve this, the non-conventional school of education becomes essential and **USCE** aims to

work in this direction in the forthcoming days. The main focus areas of activity are concentrated under four main domains such as:

1. Public domain
 2. Students' domain
 3. Teachers' domain
 4. Practitioners' domain
- **Public domain:** Different activities are planned under this domain such as educating the public regarding the concept of quality progeny and better antenatal care, baby care, personal hygiene, treatment of common ailments, better life style practices for maintenance of optimal health etc.
 - **Students' domain:** The activities planned in this domain are educating the children right from very young age i.e. from primary school level to college level about importance of health and hygiene in prevention and promotion of general health, by organizing lectures, demonstrations etc.
 - **Teachers' domain:** The USCE proposes to conduct regular teachers training programmes to update the teachers of Ayurveda in education technology, technical knowledge and skills through workshops, seminars, CME and ROTP etc.
 - **Practitioners' domain:** To boost the confidence of Ayurvedic practitioners to practice the system of Ayurveda in general practice, as well as to develop specialized skills such as Ksharasutra, Agnikarma, Panchakarma etc. it is proposed to conduct different Certificate, Diploma and other orientation programs.

It is also proposed to conduct training and orientation programs in various special diagnostic and treatment techniques of Ayurveda, which are not in main stream practice but still are selectively practiced by certain experts such as NadiVijyana, VishaChikitsa, MarmaChikitsa etc.

1. Certificate course in Panchakarma

Panchakarma is a group of therapeutic procedures aiming at cleansing the body for rejuvenation and also as part of treatment to particular disease. The course consists of practical sessions and theory sessions both. More emphasis is given for practical training so that the students can develop confidence in practicing various Panchakarma procedures individually. Theory sessions include Ayurveda message techniques, various Swedana techniques, Vamana, Virechana, all types of

Basti, Nasya, Udavartana, Keraliya Panchakarma procedures and much more.

• **INTAKE CAPACITY: 5 to 15 per batch**

• **FEE STRUCTURE:**

For Scholars from India (INR):

- Registration Fee : 1000.00
- Course Fee : 14000.00
- Total : 15000.00

Additional practical training: INR 3500.00 per week

For International Scholars (\$):

- Registration Fee : USD 20.00
- Course Fee : USD 375.00
- Total : USD 395.00

Additional practical training: USD 188.00 per week

DURATION: 4weeks (total working hours 144, theory 24 hours and practical 120 hours)

ELIGIBILITY:

- Registered medical practitioners OF AYUSH system, and Modern medical system.
- Internees, PG & Ph.D. scholars of Ayurveda.
- Degree or Diploma holders in Ayurveda from any recognized institution from outside India.

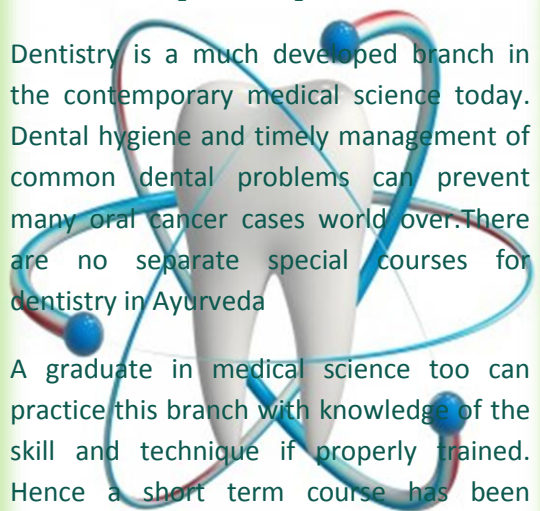
OUTCOME OF TRAINING: Ayurveda graduates will be given on hand practical training for maximum Panchakarma procedures so that they can treat patients independently and successfully.

VENUE: Dept. of Panchkarma, Shree Gulabkunverba Ayurved Mahavidyalaya, Jamnagar.

*** Course Commences from 04th July 2014**

2. Certificate course in Dentistry in Ayurveda

- Dentistry is a much developed branch in the contemporary medical science today. Dental hygiene and timely management of common dental problems can prevent many oral cancer cases world over. There are no separate special courses for dentistry in Ayurveda
- A graduate in medical science too can practice this branch with knowledge of the skill and technique if properly trained. Hence a short term course has been proposed under USCE.
- **Jalandhara Bandh and its importance:** Jalandhara Bandha is ancient technique analgesia to head and neck region,



explained in the texts of Yoga Shashtra. This technique is successfully being practiced by traditional dental healers and is also practiced by some established Ayurveda Dental Practitioners too.

- This program aims at exposing the treasure of Ayurveda dentistry through experienced trained persons who are practicing it successfully. The classes will be conducted on weekend days so that the daily routine activity of the scholars may not get affected. Participation in 3 dental camps is compulsory for all to be eligible for the certification. Those who wish to have more **'hands on practice'** may opt for additional training by extra payment as per the provision made.

• **INTAKE CAPACITY: 5 to 15 per batch**

• **FEE STRUCTURE:**

For Scholars from India (INR):

- Registration Fee : 1000.00
- Course Fee : 14000.00
- Total : 15000.00

For International Scholars (\$):

- Registration Fee : USD 20.00
- Course Fee : USD 375.00
- Total : USD 395.00

DURATION: 36 hours of theory and practical training. 3 weekend classes with training programme through dental camps.

ELIGIBILITY:

- Registered medical practitioners of AYUSH system, dentist from modern medical system.
- Internees, PG and PhD scholars of Ayurveda.
- Degree or diploma holders in Ayurveda from any recognized institution from outside India.

OUTCOME OF TRAINING: At the end of the specific period of teaching and training the students will be able to practice Ayurvedic dentistry including Jalandhara Bandha technique in tooth extraction.

VENUE: Dept. of Shalakya, Shree Gulabkunverba Ayurved Mahavidyalaya, Jamnagar.

*** Course Commences from 04th July 2014**

3. Certificate course in **KSHARASUTRA**

Certificate course in Ksharsutra is a sincere effort by Gujarat Ayurveda University through the school of continuing education in Ayurveda to promote and propagate authentic Ayurvedic treatment modality Ksharsutra for various ailments with special importance to ano-rectal disease.

The post graduate program is very lengthy and out of reach for many due to high academic competition and limited number of seats available in the reputed teaching institutes. Hence it is proposed to conduct a short term certificate course in this subject, wherein the trainees will get practical exposure to the subject with hands on training in the art and technique of Ksharasutra under learned experts in the field.

A team of highly experienced and renowned teachers from affiliated colleges of Gujarat Ayurveda University and practicing Surgeons and supportive subject experts from various parts of the state will be imparting their valuable knowledge to the trainees, the technique of Ksharasutra and Ano-rectal practice improves with practical experience.

• **INTAKE CAPACITY: 5 to 15 per batch**

• **FEE STRUCTURE:**

For Scholars from India (INR):

- Registration Fee : 1000.00
- Course Fee : 14000.00
- Total : 15000.00

Additional practical training: INR 5000.00 per week

For International Scholars (\$):

- Registration Fee : USD 20.00
- Course Fee : USD 375.00
- Total : USD 395.00

Additional practical training: USD 188.00 per week

DURATION: 2 weeks in-house program with 32 hours of theory and 40 hours of practical training. Additional practical exposure in OPD, IPD and ARC will be available on extra payment on per week basis.

ELIGIBILITY:

- Registered medical practitioners of AYUSH system, and Registered Medical Graduates from modern medical system.



- Internees, PG and Ph.D. scholars of Ayurveda.
- Degree or diploma holders in Ayurveda from any recognized institution from outside India.

OUTCOME OF TRAINING: The trainees will be given maximum on hand practical training for Ksharasutra procedures so that they can treat patients independently and successfully.

VENUE: Dept. of Shalya, Shree Gulabkunverba Ayurved Mahavidyalaya, Jamnagar.

*** Course Commences from 04th July 2014**

4. Certificate Course in

NADI SUTRA

(TRADITIONAL NADI VIJANAM)

Nadi is a form of diagnostic technique practiced in Ayurveda. It is based on the pulse reading at sites such as over the radius, and based upon the nature, character; volume etc. of the pulse, the reading is made and interpreted. The science of Nadi entered into Ayurveda literature at a very late stage i.e. after 8th Cent. A.D. But it was much prevalent in traditional practitioners and also in certain systems of medical practice such as Siddha and Unani. The traditional practices of Nadi have their own method of examination and interpretation, which needs training and practice.

According to the belief of traditional practitioners, this science got originated through Sage Agasthya. An expert in this NadiShastra is able to diagnose a patient pin pointedly and hence it has more clinical significance. One such traditional Nadi science is the Agasthya KritaLada Vaidya.

In this course, the classes will be arranged for three days every month for duration of six months. The total teaching and training hours will be 90. The classes will be arranged in the morning and evening hours so that the daily routine activity of the scholars may not get affected.

• INTAKE CAPACITY: 10 to 35 per batch

• FEE STRUCTURE:

For Scholars from India (INR):

- Registration Fee : 1000.00
- Course Fee : 9000.00
- Total : 10000.00

For International Scholars (\$):

- Registration Fee : USD 20.00
- Course Fee : USD 375.00
- Total : USD 395.00

DURATION: 90 hours of theory and practical training [3 days contact classes per month on 15th, 16th and 17th of every month for 6 months]. Each training session is of 15 hours duration.

ELIGIBILITY:

- Registered medical practitioners of AYUSH system, and modern medical system.
- Internees, PG and Ph.D. scholars of Ayurveda.
- Degree or diploma holders in Ayurveda from any recognized institution from outside India.

Outcome:

At the end of the specified period of teaching and training the students will be able to evaluate the Nadi of a patient independently; this will support them in the clinical examination and diagnosis of the case, and plan the most appropriate management.

VENUE: Shree Gulabkunverba Ayurved Chikitsalaya, Jamnagar.

*** Course Commences from 15th July 2014**

Note: Fees of all the courses are excluding food and accommodation.

For further details Contact:

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