

University School of Continuing Education

Introduction

University School of Continuing Education in Ayurved, a newly built constituent institute of Gujarat Ayurved University, Jamnagar has started an Institute for continuing teaching in the field of Ayurved. The school has planned to assist those in the medical field to maintain competence and learn about traditional as well as new and developing areas of their field.

With the mission of offering value-based education, USCE designs the courses of study those are continuously reviewed and updated, keeping abreast with the requirements in the particular fields. The Management is committed to create and sustain an ambience that is most conducive for learning and nurturing the people. The University School of Continuing Education in Ayurved is aiming to carry out its activities in 4 dimensional such as - Public domain, Students domain, Teachers domain and Practitioner's domain. USCE pursues a unique path in blending ancient philosophies and science of health by nurturing a better breed of Ayurvedic physicians, professionally world class and mentally equipped to meet the challenges of the modern world.

Vd. Varsha Solanki, working as a HOD & Reader Dept of Dravya Guna, Shri Gulabkunverba Ayurved Mahavidyalaya is the Programme Director of USCE. Vd. Rajgopal S Asst. Professor, Dept of Kaumar Bhritya from IPGT&RA is the Coordinator and Vd. Sushant Sud Lecturer, Dept of Agad Tantra from Shri Gulabkunverba Ayurved Mahavidyalaya is the Technical Coordinator for the USCE. The USCE and Shri Gulabkunverba Ayurved Mahavidyalaya collaboratively runs practitioner domain courses with the full moral support by the Principal Vd. G.D.Gohil Shri Gulabkunverba Ayurved Mahavidyalaya. Staff members of SGAM and IPGT&RA are providing their services and efforts in making all such courses a successful pathway.

So far USCE has completed 3 Certificate courses successfully as Certificate course in Panchakarma, Certificate course in Kshara Sutra and Certificate course in Nadi Sutra. The details are given as below:-

Certificate course in Nadi Sutra

Nadi Vigyan is a true asset for an Ayurvedic physician as it helps in diagnosis and treatment of the disease accurately. But due to lack of documentation, scattered references and lack of gurus - this science is vanishing day by day. In order to save this precious knowledge a Certificate Course in "NADI SUTRA" (Traditional Nadi Vignan) was started by University School of Continuing Education in Ayurved, Gujarat Ayurved University in Collaboration with Shri Gulabkunverba Ayurved Mahavidyalaya with an objective to train the students and faculty for developing expertise of Nadi Pariksha. This course is one of its unique kind as it is the first time ever in India that an attempt has been made to teach Nadi pariksha (Pulse diagnosis) on an academic platform. This course was carried out for total 6 months where total 90 hours of rigorous theory and practical training (3 days contact classes per month) was carried out under the valuable guidance of Shri. K.T. Shivanandan Vaidyar from Weynad,

Kerela – who is a traditional Nadi Vaidya belonging to “Lada Parampara” and is famous as Lada Nadi Guru. The Course coordinator for this course was Vd. Khyati. S. Sud

Total 36 participants had registered for this course which included 5 Interns, 11 P.G.Scholars, 4 Ph.D.Scholars, 5 Faculty members of Gujarat Ayurved University, 8 Ayurvedic practitioners, 1 Allopathic practitioner and 2 People associated with other allied sciences.

Many Participants were from outside Jamnagar belonging to different places like Pathankot, Goa, Mumbai, Bangalore, Hyderabad, Anand, Ahmedabad, Surat, Rajkot.

Certificate course in Panchakarma

Panchakarma is a group of therapeutic procedures aiming at cleansing the body for rejuvenation and also as part of treatment to particular disease. More emphasis is given for practical training so that the students can develop confidence in practicing various Panchakarma procedures individually. Keeping this view in mind a Certificate course in Panchakarma was conducted on the 1st July 2014 by University School of Continuing Education in Ayurved, Gujarat Ayurved University in Collaboration with Shri Gulabkunverba Ayurved Mahavidyalaya with an objective of in-house teaching and practical training program for 4 weeks-6 hours a day. [Total hours -144 ; Theory -24 hours , Practical - 120 hours]

There were total 12 participants; out of them one was from Allopathic division.

The Course coordinator for this course was Vd. Neha Tank. Other Faculty members who were part of this course and guided students regarding Panchakarma points covered under their syllabus. Staff from Shri. Gulabkunverba Ayurved Mahavidyalaya included Vd. G.D.Gohil, Vd. Hitesh Jani, Vd. Varsha Solanki, Vd. Rita Khagrmam, Vd. Khyati S Sud, Vd. Hetal Baria, Vd. Rajashree Unadkat, Vd. Megha Pandya, Vd. Charmi Mehta, Vd. Pashmina Joshi, Vd. Joyal Patel, Vd. Raju Thomas, Vd. Neki Mehta. Staff from I.P.G.T& R.A included Vd. Anup Thakar, Vd. S Acharya, Vd. Nilesh Bhatt, along with this Dr. Jigna Vekariya guided for basics of physiotherapy.

Certificate course in Kshara Sutra

Certificate course in Ksharsutra is a sincere effort to promote and propagate authentic Ayurvedic treatment modality Ksharsutra for various ailments with special importance to ano-rectal disease. Hence a short term certificate course was conducted from 4th-19th July 2014 by University School of Continuing Education in Ayurved, Gujarat Ayurved University in Collaboration with Shri Gulabkunverba Ayurved Mahavidyalaya wherein the trainees will get practical exposure to the subject with hands on training in the art and technique of Ksharasutra under learned experts in the field.

There were total 13 participants for 32 hours of theory and 40 hours of practical training.

The Course coordinator for this course was Vd. Joyal Patel. Other Faculty members who were part of this course and guided students regarding Kshara Sutra points covered under their syllabus: Guest lecturers given by Dr. Mukul Patel, Dr. Harsha Vardhan Jobanputra, Dr. M.M.Mehta, Dr. J.R.Joshi, Dr. Milan Solanki, staff from I.P.G.T& R.A included Vd.

S.K.Gupta, Vd. T.S.Dhudhmal, Vd. Vyasdev Mahanta and staff from Shri. Gulabkunverba Ayurved Mahavidyalaya included Vd. Pashmina Joshi and Vd. Joyal Patel.